Name: Lúcio Manuel Venâncio Costa Feio

Company: Alternativtour

Nationality: Portuguese

Age: 50

Profession: Qualified Trainer of Monitors for Active Tourism and Outdoor Sports. Founding

Company Director.

Languages: Portuguese; English; French; Spanish.

Professional training: Fist Aid; Organisation and management of outdoor activities; Training; Group management; Conflict resolution; Risk assessment and management; Logistics for outdoor activities.

## Work experience:

2000 – 2003 Outdoor activity guide in the Algarve.

1992 – 1999 Management of SME "Barata Feio Lda"

1990 – 1991 Portuguese airforce security officer, experience in the Lisbon NATO office.

**Alternativtour** is an Outdoor Activities Company based in Monchique, specialising in activities that offer the best of Monchique's rural mountain environment.

Telefne: +351 282 913 204 Mobile: +351 965 004 337

Email: alternativtour@mail.telepac.pt

www.alternativtour.com

Special package of activities: The Monchique Challenge.

We provide the following activities:

- Walking tours
- Cycling tours
- Canoeing lakes
- Climbing
- Orientation

Outdoor adventure park with paintball; tree top course; climbing wall; archery; identification of plants and animal; team building games.

Daily programmes designed for tourists, schools, companies and other groups. Special programmes at client's request.

Open all year round.

Fully equipped for all the activities offered.

Own transport available.

Pickups from hotels for booked activities.

Catering provided (picnics, grills on site, local restaurants).

Licensed by Turismo de Portugal for nature tourism activities, including those in protected areas, and is a recommended company for tourist activities.

Licensed by ICNF for climbing activities in nature reserves.

Recognised by IAPMEI.

Recognised as an example of Best Practices by the Região de Turismo do Algarve.

Fully insured.

All monitors are fully qualified for the activities offered.

for climbing activities in nature reserves. Recognised by IAPMEI. Recognised as an example of Best Practices by the Região de Turismo do Algarve. Fully insured.

All monitors are fully qualified for the activities offered. Clients include: BPI, ITV, RTP, SIC, TVI, European Welding Service; Stereotaxi Inc.